10 Gulab Jamuns: Counting with an Indian Sweet Treat by Sandhya Acharya. Mamma makes 10 traditional sweet treats from India. They’re supposed to be for guests, but they’re too tempting for Idu and Adu. As Mamma helps them count down the sweet treats, what will happen when there’s none left?

Bee-Bim Bop! by Linda Sue Park. Using a fun rhyme with a catchy refrain, this cheerfully illustrated story follows a young girl as she helps her mother create the Korean dish Bee-Bim Bop from shopping to finally getting to enjoy this family favorite meal. Includes a recipe for making Bee-Bim Bop with a grown-up.

The Ocean Calls: A Haenyeo Mermaid Story by Tina Cho. Dayeon admires the haenyeo like her Grandma, free divers off the coast of Jeju Island in Korea. She wants to be a “treasure-hunting mermaid” too but, with Grandma’s help, she must first work up the courage to leave the shore and explore the sea.

The Boy & The Bindi by Vivek Shraya. Fascinated by the colorful bindi on his mother’s forehead, the narrator asks why she wears a dot and asks for one for himself. Explaining that it’s not a dot, but a bindi, his mother shares how wearing one reminds her of her family and her culture. Finding it also connects him to his Hindu heritage, the boy decides to wear it everywhere.

Sumo Joe by Mia Wenjen. Sumo Joe teaches his friends the rituals and techniques of the Japanese tradition of sumo wrestling. When his little sister Aikido Jo wants to battle, who will win? Includes a glossary of terms.

‘Ohana Means Family by Ilima Loomis. This cumulative tale in which each page builds on the previous follows the traditional process of making the Hawaiian dish poi and serving it at a family luau. A rich celebration of Hawaiian culture and traditions passed down through ‘ohana.

Amy Wu and the Perfect Bao by Kat Zhang. This year, Amy is determined to make the perfect bao (traditional Chinese stuffed bun) like the rest of her family, but she keeps messing up in different ways. Making bao takes the entire day – by the end, will Amy succeed, or will she give up? Includes a bao recipe to try at home.