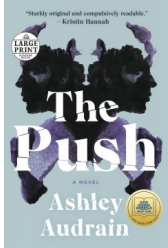


# Book Club Suggestions

January 2023

## Fiction

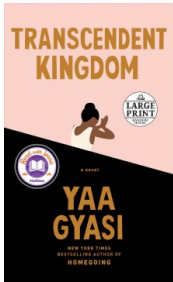


### The push : a novel

by Ashley Audrain

A tense, page-turning psychological drama about the making and breaking of a family, about a woman whose experience of motherhood is nothing at all what she hoped for-- and everything she feared. The Push will challenge everything you think

you know about motherhood, about our children, and about what happens behind the doors of even the most perfect-looking families.

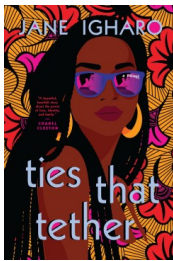


### Transcendent kingdom

by Yaa Gyasi

A novel about faith, science, religion, and family that tells the deeply moving portrait of a family of Ghanaian immigrants ravaged by depression and addiction and grief, narrated by a fifth year candidate in neuroscience at Stanford school of medicine studying the neural

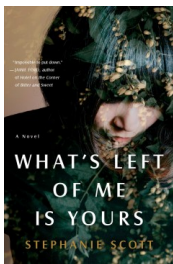
circuits of reward seeking behavior in mice.



### Ties that tether

by Jane Igharo

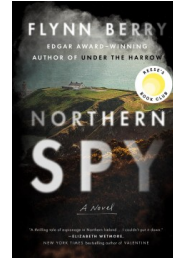
Unexpectedly falling in love with a white man after her mother's latest disastrous matchmaking effort, a young Nigerian woman struggles to follow her heart without breaking her mother's or compromising her own identity.



### What's left of me is yours : a novel

by Stephanie Scott

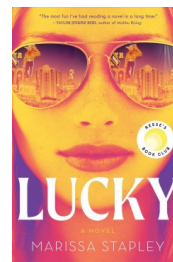
In modern-day Tokyo a young woman searches for the truth about her mother's life—and her murder.



### Northern spy : a novel

by Flynn Berry

Certain that her beloved sister did not join the IRA by choice, a Catholic BBC producer confronts impossible decisions that test family bonds, the limits of her ideals and her responsibilities as a mother.



### Lucky

by Marissa Stapley

When talented grifter Lucky Armstrong discovers that a lottery ticket she bought on a whim is worth millions, she must find a way to cash in the winning ticket without the police arresting her for her past crimes.



### Looking for Jane

by Heather Marshall

A woman discovers a mysterious letter with a life-shattering confession, and her search for the recipient leads her back to the 1970s when a group of women operated an underground abortion network in Toronto simply called "Jane".



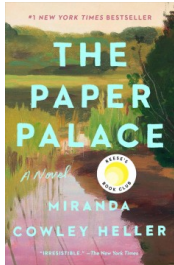
### The guest list : a novel

by Lucy Foley

An expertly planned celebrity wedding between a rising television star and an ambitious magazine publisher is thrown into turmoil by petty jealousies, a college drinking game, the bride's ruined dress, and an untimely murder.



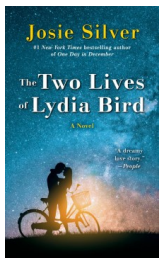
## Fiction continued



### The paper palace

by Miranda Cowley Heller  
While staying at The Paper Palace, the family summer place she has visited every summer of her life, 50-year-old Elle must decide between the life she has built with her husband and the life she always imagined she would have had with

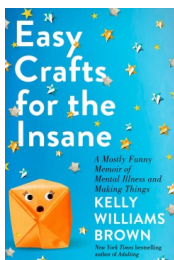
her childhood love.



### The two lives of Lydia Bird : a novel

by Josie Silver  
A woman grieving the loss of her fiancé finds herself swapping between parallel lives, including one in which her first love has survived, and another involving a new person who is asking her to move on.

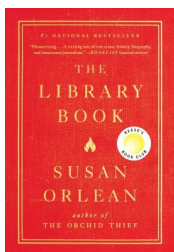
## Non-Fiction



### Easy crafts for the insane : a mostly funny memoir of mental illness and making things

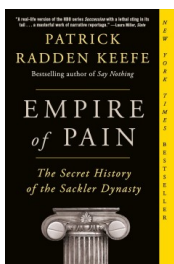
by Kelly Williams Brown  
Best-selling author Brown describes how she used crafting to help her cope with a series of negative events

in her life, including a failed marriage, unrelated bodily injuries, and her father's cancer diagnosis.



### The library book

by Susan Orlean  
The acclaimed best-selling author of *Rin Tin Tin* and *The Orchid Thief* reopens the unsolved mystery of the most catastrophic library fire in American history, and delivers a dazzling love letter to a beloved institution—our libraries.

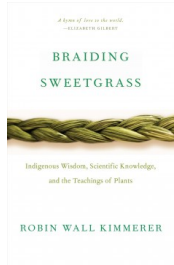


### Empire of pain : the secret history of the Sackler dynasty

by Patrick Radden Keefe  
Presents a portrait of three generations of the Sackler family, who built their fortune on the sale of Valium and later sponsored the creation and marketing of one of

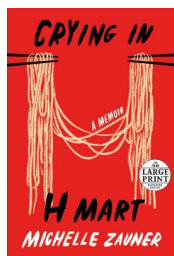
the most commonly prescribed and addictive painkillers of the opioid crisis.

## Non-Fiction



### Braiding sweetgrass : indigenous wisdom, scientific knowledge, and the teachings of plants

by Robin Wall Kimmerer  
As a member of the Citizen Potawatomi Nation, scientist Kimmerer brings two lenses of knowledge together to take us on 'a journey that is every bit as mythic as it is scientific, as sacred as it is historical, as clever as it is wise.'



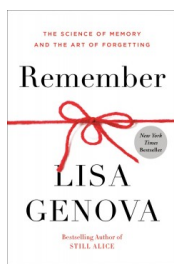
### Crying in H Mart : a memoir

by Michelle Zauner  
The indie pop star shares poignant reflections on her experiences of growing up Korean-American, becoming a professional musician and caring for her terminally ill mother.



### Wintering : the power of rest and retreat in difficult times

by Katherine May  
Exploring the ways we can care for and repair ourselves when life knocks us down, May models an active acceptance of sadness, finding nourishment in deep retreat, joy in the beauty of winter, and encouragement in understanding life as cyclical.



### Remember : the science of memory and the art of forgetting

by Lisa Genova  
The neuroscientist and author of *Still Alice* explores the intricacies of memory that distinguishes between normal and concerning memory loss while explaining the profound roles of sleep, stress and other influences.

### We can help

if you're looking for a great book for your next book club meeting, or want to borrow sets of books from our collection, or by inter-library loan.

Contact Siiri at Book Club Services  
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905-775-3328 x6103