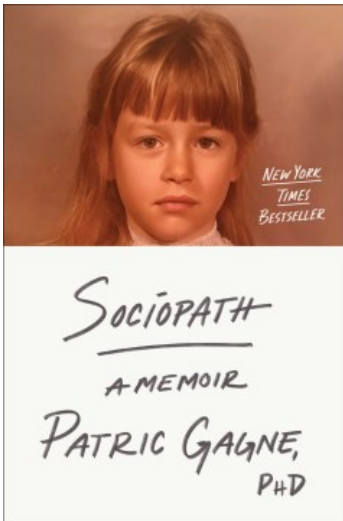


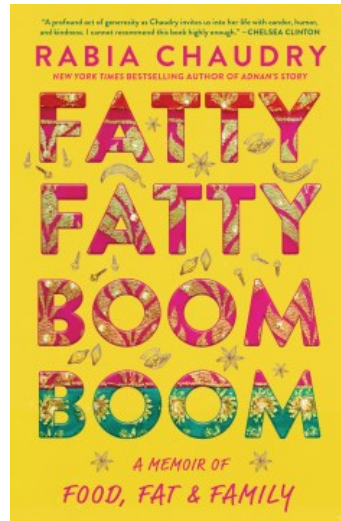


Ellen's PICKS

SPECIAL MEMOIR EDITION



A surprisingly candid book about sociopathy. Not sure I am 100% convinced that someone who truly has this diagnosis would be capable of being so concerned about it? Also wondered if she might fall on the Autism spectrum? A good book, not fabulous.

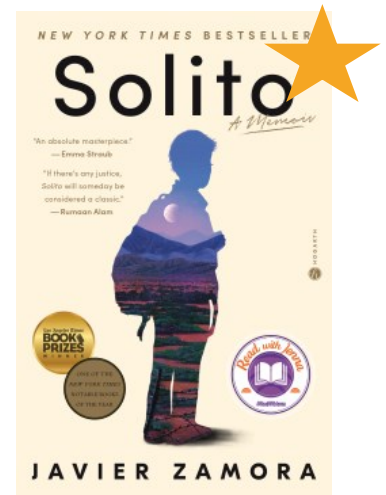


Chaudry tells of her experiences as a Muslim immigrant who came to the US from Pakistan at age 2. So much of her story is relatable: pressures from family to be successful, but also the struggles with her weight and how to stay fit while surrounded by delicious FOOD! The book includes recipes - including Chaudry's amazing chai!

"The privilege of a lifetime is being who you are." In her memoir, Davis recounts in her own raw, but beautiful way, her troubled childhood, filled with domestic abuse and poverty and her resilience to never give up her dreams. I highly recommend listening to the audio book, as her voice is one in a million.



This one will keep you on the edge of your seat - a must-read for anyone who wants to know more about what an undocumented person goes through when they come to the US for a better life. Can you imagine doing so without family, and at age 9? A beautiful story of hope.



★ = my favorite choice