Quiet girl in a noisy world: an introvert’s story
by Debbie Tung
A British cartoonist known for her comics about everyday moments humorously describes and shows what it was like being an introvert in college, falling in love with an extrovert and finding a job.

Hey, kiddo
by Jarrett Krosoczka
Shares the author’s upbringing in a family grappling with addiction and how he used art to survive.

Americanized: rebel without a green card
by Sara Saedi
Learning as a teenager that her Iranian family is undocumented, 13-year-old, straight-A student Sara Saedi juggles the challenges of trying to obtain a green card with the stressful realities of being an everyday American teen.

A cave in the clouds: a young woman’s escape from ISIS
by Badeeah Hassan Ahmed
Recounts the author’s harrowing experiences as a survivor of the 2014 genocide of the Ezidi minority culture by ISIS, describing how she was among hundreds enslaved within a brutal human trafficking network.

Enchanted air: two cultures, two wings: a memoir
by Margarita Engle
In this poetic memoir, Margarita Engle, the first Latina woman to receive a Newbery Honor, tells of growing up in two cultures during a time of cold hostility between nations. This almost-war of words shaped a sensitive young girl into an award-winning poet who enriches the world with words of a far more hopeful kind. By the author of The Surrender Tree.

We should hang out sometime: embarrassingly, a true story
by Josh Sundquist
The Paralympic ski racer, YouTube star and motivational speaker documents his coming of age as an amputee cancer survivor and his efforts to investigate past dates gone wrong to discover why he was still single.

The dead inside: a true story
by Cyndy Etler
The author describes her youth as a runaway at age fourteen and how she was sent to a corrupt recovery facility where she faced intimidation and unconventional treatment.

Duran Duran, Imelda Marcos, and Me
by Lorina Mapa
A graphic memoir about growing up in the Philippines in the 1980s with Depeche Mode, Duran Duran, Imelda Marcos and the EDSA Revolution. When she learns of her beloved father’s fatal car accident, Mapa flies to Manila to attend his funeral. His sudden death sparks childhood memories. Weaving the past with the present, Mapa entertains with stories about religion, pop culture, adolescence, social class and politics, including her experiences of the 1986 People Power Revolution which made headlines around the world.
My thirteenth winter: a memoir
by Samantha Abeel
In seventh grade, the author suffered anxiety attacks as she struggled to keep up in her classes, to remember two locker combinations, and to deal with new teachers, both before and after she was diagnosed with dyscalculia, a math-related learning disability.

The bite of the mango
by Mariatu Kamara
In this powerful and heartbreaking true story, the author, who lived in a small rural village in Sierra Leone, recounts how tasting the sweet nectar of a mango gave her the will to live after surviving a brutal attack by heavily armed rebel soldiers and living in a refugee camp.

No summit out of sight: the true story of the youngest person to climb the seven summits
by Jordan Romero
A record-setting teen mountaineer recounts the story of how he successfully climbed Mount Everest at the age of 13 and completed all seven summits two years later, describing the inspiration, training and challenging work that enabled his achievements.

Popular a memoir: Vintage wisdom for a modern geek
by Maya van Wagenen
Documents a high school student's year-long attempt to change her social status from that of a misfit to a member of the "in" crowd by following advice in a 1950s popularity guide, an experiment that triggered embarrassment, humor and unexpected surprises.

My life in dog years
by Gary Paulsen
The author and three-time Newbery Honor winner provides a rich portrait of the wide variety of dogs he has owned, all of which have had a special and profound effect on his life, by dedicating a chapter to each canine friend.

Thanks to my mother
by Shoshanah Rabinovits
In a poignant autobiographical account, a child gratefully thanks her mother who, by the use of her wits and courage, managed to keep her alive throughout their long period of imprisonment at the Vilinius ghetto and concentration camps during World War II.

Hole in my life
by Jack Gantos
The author relates how, as a young adult, he became a drug user and smuggler, was arrested, did time in prison, and eventually got out and went to college, all the while hoping to become a writer.

Notes from a young Black chef: Adapted for Young Adults
by Kwame Onwuachi
"This inspiring memoir chronicles Top Chef star and Forbes and Zagat 30 Under 30 phenom Kwame Onwuachi’s incredible—and odds-defying—rise to fame in the food world after a tough childhood in the Bronx and Nigeria"