

More Fiction Books that Deal with Mental Health Issues....

When the Stars Lead to You
by Ronni Davis

The Astonishing Color of After
by Emily X.R. Pan

Verona Comics
by Jennifer Dugan

Challenger Deep
by Neal Shusterman

Little & Lion by Brandy Colbert

Harley in the Sky
by Akemi Dawn Bowman

07/19



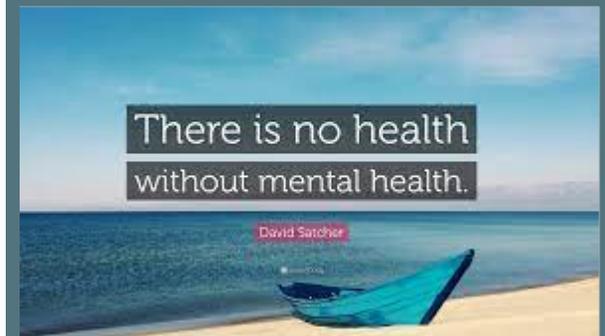
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YA

Fictional Books that Tackle Mental Health



Let's Call it a Doomsday

by Katie Henry

Ellis Kimball, sixteen, whose anxiety disorder causes her to prepare for the imminent end of the world, meets Hannah, who claims to know when it will happen.



Mental Illness: Anxiety



This is my Brain in Love

by I. W. Gregorio

A dual-narrative romance that explores themes of mental health and self-acceptance follows the experiences of a teen filmmaker and an aspiring school paper

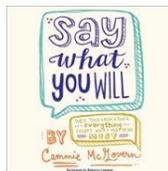
editor who work together to upgrade and promote a struggling Chinese restaurant.

Mental Illness: Anxiety.

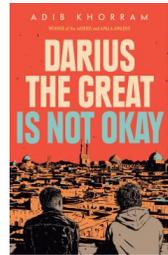
Say What You Will

by Cammie McGovern

A girl confined to a wheelchair by cerebral palsy and a boy stymied by an obsessive-compulsive disorder are assigned to spend time together in what becomes a blossoming friendship that neither expected.



Mental Illness: OCD



Darius the Great is Not Okay

by Adib Khorram

Clinically-depressed Darius Kellner, a high school sophomore, travels to Iran to meet his grandparents, but it is their next-door neighbor, Sohrab, who

changes his life.

Mental Illness: Depression

Who Put this Song on?

by Morgan Parker

"17-year-old Morgan is a black teen triumphantly figuring out her identity when her conservative town deems depression as a lack of faith, and blackness as something to be politely ignored".



Mental Illness: Depression



A danger to Herself and Others

by Alyssa B Sheinmel

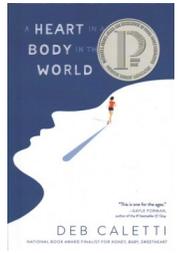
After her best friend, Agnes, goes into a coma as a result of a game of Truth or Dare, rising senior Hannah's secrets begin to escape while she is locked in a psychiatric hospital.

Mental Illness: Schizophrenia

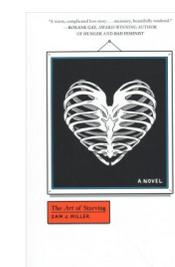
A Heart in a Body in the World

by Deb Caletti

Followed by Grandpa Ed in his RV and backed by her brother and friends, Annabelle, eighteen, runs from Seattle to Washington, D.C., becoming a reluctant activist as people connect her journey to her recent trauma.



Mental Illness: PTSD



The Art of Starving

by Sam J Miller

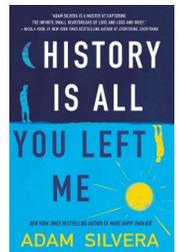
A gay teen with an eating disorder that he believes gives him supernatural powers decides to infiltrate the life of a bully he believes is responsible for driving away his sister.

Mental Illness: Eating Disorder

History is All You Left Me

by Adam Silvera

Secrets are revealed as OCD-afflicted Griffin grieves for his first love, Theo, who died in a drowning accident.



Mental Illness: OCD