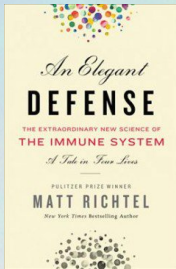
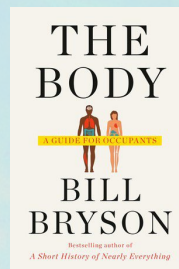


Health & Wellness



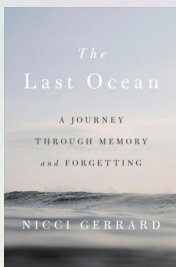
An Elegant Defense by Matt Richtel

An exploration of the human immune system analyzes four immunotherapy cases to explain how our defense systems protect and sometimes injure the body.



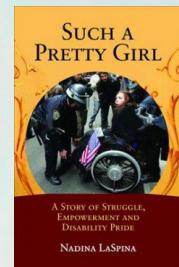
The Body: A Guide for Occupants by Bill Bryson

A head-to-toe tour of how our bodies function, heal, and sometimes fail. Full of extraordinary facts and irresistible anecdotes.



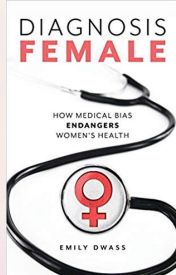
The Last Ocean by Nicci Gerrard

An investigation into dementia exploring the journeys of patients and their loved ones, exposing protocols that contribute to unnecessary end-of-life pain.



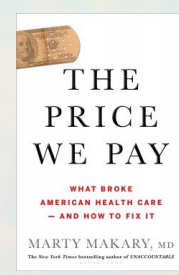
Such A Pretty Girl by Nadina LaSpina

A memoir by a disability rights activist, shows the harm that the overwhelming focus on pity and on a cure that remains elusive can do.



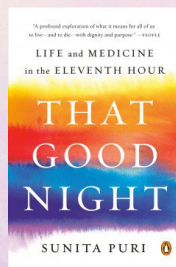
Diagnosis Female by Emily Dwass

Reveals the gender bias in the health care system leading women to experience misdiagnosis, with tips and tools to guide women to better health outcomes.



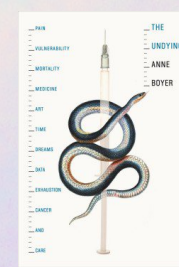
The Price We Pay by Marty Makary

An urgent critique of America's broken health-care system that provides compelling examples that explain why health care has become a financial crisis.



That Good Night by Sunita Puri

A meditation on impermanence in medicine arms readers with information to transform how we communicate with our doctors about what matters most to us.



The Undying by Anne Boyer

Recounts experiences as a single parent with a catastrophic illness to explore emerging ideas about mortality and the gendered politics of healthcare.

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