

extreme reader



year-long reading challenge

A book
with a
mental
illness

Adult Fiction

- **Jane Eyre** by Charlotte Bronte
- **Good Morning, Midnight** by Lilly Brooks-Dalton
- **Crazy Like a Fox** by Rita Mae Brown
- **When She Came Home** by Drusilla Campbell
- **The Stranger** by Albert Camus
- **Lost and Found** by Brooke Davis
- **Because I'm Watching** by Christina Dodd
- **Dog Crazy** by Meg Donohue
- **Our Endless Numbered Days** by Claire Fuller
- **Outside the Lines** by Amy Hatvany
- **Double Star** by Robert A. Heinlein
- **Catch-22** by Joseph Heller
- **Plea of Insanity** by Jilliane Hoffman
- **Alice in Bed** by Judith Hooper
- **A Long Way Down** by Nick Hornby
- **We Could Be Beautiful** by Swan Huntley
- **I Know This Much is True** by Wally Lamb
- **To Kill a Mockingbird** by Harper Lee
- **Since We Fell** by Dennis Lehane
- **The Phantom of the Opera** by Gaston Leroux
- **Darkly Dreaming Dexter** by Jeff Lindsay
- **Moby Dick** by Herman Melville
- **My Year of Rest and Relaxation** by Ottessa Moshfegh
- **The Fishermen** by Chigozie Obioma
- **The Contract Surgeon** by Dan O'Brien
- **The Bell Jar** by Sylvia Plath
- **The Yellow Birds** by Kevin Powers
- **The Wee Free Men** by Terry Pratchett
- **My Lost Daughter** by Nancy Taylor Rosenberg
- **House of Reckoning** by John Saul
- **Whose Body** by Dorothy L. Sayers
- **Hamlet** by William Shakespeare
- **The Book of Speculation** by Erika Swyler
- **All My Puny Sorrows** by Miriam Toews
- **The Fellowship of the Ring, Being the First Part of the Lord of the Rings** by J. R. R. Tolkien
- **The Crazy Ladies of Pearl Street** by Trevanian

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Non-Fiction

- **You Don't Have to Say You Love Me**
by Sherman Alexie
- **Brain on Fire: My Month of Madness**
by Susannah Cahalan
- **Show Me All Your Scars: True Stories of Living With Mental Illness** Edited by Lee Gutkind
- **All the Things We Never Knew: Chasing the Chaos of Mental Illness** by Sheila Hamilton
- **Unsolved Mystery from World War II**
by Eric Jaffe
- **Triumph: Life After the Cult** by Carolyn Jessop
- **A Common Struggle** by Patrick J Kennedy
- **Haldol and Hyacinths: A Bipolar Life**
by Melody Moezzi
- **The Incurable Romantic and Other Tales of Madness and Desire** by Frank Tallis
- **Men We Reaped: A Memoir** by Jesmyn Ward

Teen

- **The Place Between Breaths** by Na An
- **The Impossible Knife of Memory**
by Laurie Halse Anderson
- **Mosquitoland** by David Arnold
- **Starfish** by Akemi Dawn Bowman
- **The Perks of Being a Wall Flower**
by Stephen Chbosky
- **Looking for Alaska** by John Green
- **Turtles All the Way Down** by John Green
- **Splintered** by A. G. Howard
- **Darius the Great is Not Okay** by Adib Khorram
- **Finding Audry** by Sophie Kinsella
- **What I Leave Behind** by Alison McGhee
- **Terrier** by Tamora Pierce
- **Will of the Empress** by Tamora Pierce
- **A World Without You** by Beth Revis
- **Challenger Deep** by Neal Shusterman
- **Wild Awake** by Hilary T. Smith
- **OCD, the Dude, and Me**
by Lauren Roedy Vaughn
- **It's Kind of a Funny Story** by Ned Vizzini
- **Words on Bathroom Walls** by Julia Walton
- **Highly Illogical Behavior**
by John Corey Whaley

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