

# extreme reader



year-long reading challenge

# A non-fiction book

## Adult

- **The Line Becomes a River**  
by Francisco Cantú
- **Bad Blood: Secrets and Lies in a Silicon Valley Startup** by John Carreyrou
- **All You Can Ever Know** by Nicole Chung
- **Look Alive Out There: Essays**  
by Sloane Crosley
- **The Monk of Mokha** by Dave Eggers
- **Duped: Double Lives, False Identities, and the Con Man I Almost Married** by Abby Ellin
- **The Personality Brokers: The Strange History of Myers-Briggs and the Birth of Personality Testing** by Merve Emre
- **Not That Bad: Dispatches from Rape Culture** edited by Roxane Gay
- **Winners Take All: The Elite Charade of Changing the World** by Anand Giridharadas
- **21 Lessons for the 21st Century**  
by Yuval Noah Harari
- **What if This Were Enough?: Essays**  
by Heather Havrilesky
- **Barracoon: The Story of the Last "Black Cargo"** by Zora Neale Hurston
- **Sick** by Porochista Khakpour
- **The Good Neighbor: The Life and Work of Fred Rogers** by Maxwell King
- **The Big Fella: Babe Ruth and the World He Created** by Jane Leavy
- **How Democracies Die** by Steven Levitsky and Daniel Ziblatt
- **The Spy and the Traitor: The Greatest Espionage Story of the Cold War**  
by Ben Macintyre
- **Dopesick: Dealers, Doctors, and the Drug Company that Addicted America** by Beth Macy
- **Punishment Without Crime: How Our Massive Misdemeanor System Traps the Innocent and Makes America More Unequal**  
by Alexandra Natapoff
- **Becoming** by Michelle Obama

# extreme reader



year-long reading challenge

# A non-fiction book

## Adult

- **The Line Becomes a River**  
by Francisco Cantú
- **Bad Blood: Secrets and Lies in a Silicon Valley Startup** by John Carreyrou
- **All You Can Ever Know** by Nicole Chung
- **Look Alive Out There: Essays**  
by Sloane Crosley
- **The Monk of Mokha** by Dave Eggers
- **Duped: Double Lives, False Identities, and the Con Man I Almost Married** by Abby Ellin
- **The Personality Brokers: The Strange History of Myers-Briggs and the Birth of Personality Testing** by Merve Emre
- **Not That Bad: Dispatches from Rape Culture** edited by Roxane Gay
- **Winners Take All: The Elite Charade of Changing the World** by Anand Giridharadas
- **21 Lessons for the 21st Century**  
by Yuval Noah Harari
- **What if This Were Enough?: Essays**  
by Heather Havrilesky
- **Barracoon: The Story of the Last "Black Cargo"** by Zora Neale Hurston
- **Sick** by Porochista Khakpour
- **The Good Neighbor: The Life and Work of Fred Rogers** by Maxwell King
- **The Big Fella: Babe Ruth and the World He Created** by Jane Leavy
- **How Democracies Die** by Steven Levitsky and Daniel Ziblatt
- **The Spy and the Traitor: The Greatest Espionage Story of the Cold War**  
by Ben Macintyre
- **Dopesick: Dealers, Doctors, and the Drug Company that Addicted America** by Beth Macy
- **Punishment Without Crime: How Our Massive Misdemeanor System Traps the Innocent and Makes America More Unequal**  
by Alexandra Natapoff
- **Becoming** by Michelle Obama

extreme  
reader



year-long reading challenge

A  
non-fiction  
book

Adult cont.

- **And Now We Have Everything: On Motherhood Before I Was Ready**  
by Meaghan O'Connell
- **12 Rules for Life: An Antidote to Chaos**  
by Jordan B. Peterson
- **Enlightenment Now: The Case for Reason, Science, Humanism, and Progress**  
by Steven Pinker
- **Factfulness: Ten Reasons We're Wrong About the World—and Why Things Are Better Than You Think** by Hans Rosling with Ola Rosling and Anna Rosling Rönnlund
- **Rising Out of Hatred: The Awakening of a Former White Nationalist** by Eli Saslow
- **Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on Earth**  
by Sarah Smarsh
- **The Real Lolita: The Kidnapping of Sally Horner and the Novel That Scandalized the World** by Sarah Weinman

Teen

- **Brazen: Rebel Ladies Who Rocked the World** by Pénélope Bagieu
- **Be Mindful & Stress Less: 50 Ways to Deal with Your (Crazy) Life** by Gina M. Biegel
- **Because I Was a Girl: True Stories for Girls of All Ages** edited by Melissa De La Cruz
- **Fandom: Fic Writers, Vidders, Gamers, Artists, and Cosplayers**  
by Francesca Davis DiPiazza
- **Hey, Kiddo** by Jarrett J. Krosoczka
- **Queer, There, and Everywhere: 23 People Who Changed the World** by Sarah Prager
- **Girls Resist! : A Guide to Activism, Leadership, and Starting a Revolution**  
by KaeLyn Rich
- **Almost Adulthood: All You Need to Know to Get It Together (Sort Of)** by Arden Rose
- **The 57 Bus** by Dashka Slater
- **We Are Displaced: My Journey and Stories from Refugee Girls Around the World**  
by Malala Yousafzai

extreme  
reader



year-long reading challenge

A  
non-fiction  
book

Adult cont.

- **And Now We Have Everything: On Motherhood Before I Was Ready**  
by Meaghan O'Connell
- **12 Rules for Life: An Antidote to Chaos**  
by Jordan B. Peterson
- **Enlightenment Now: The Case for Reason, Science, Humanism, and Progress**  
by Steven Pinker
- **Factfulness: Ten Reasons We're Wrong About the World—and Why Things Are Better Than You Think** by Hans Rosling with Ola Rosling and Anna Rosling Rönnlund
- **Rising Out of Hatred: The Awakening of a Former White Nationalist** by Eli Saslow
- **Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on Earth**  
by Sarah Smarsh
- **The Real Lolita: The Kidnapping of Sally Horner and the Novel That Scandalized the World** by Sarah Weinman

Teen

- **Brazen: Rebel Ladies Who Rocked the World** by Pénélope Bagieu
- **Be Mindful & Stress Less: 50 Ways to Deal with Your (Crazy) Life** by Gina M. Biegel
- **Because I Was a Girl: True Stories for Girls of All Ages** edited by Melissa De La Cruz
- **Fandom: Fic Writers, Vidders, Gamers, Artists, and Cosplayers**  
by Francesca Davis DiPiazza
- **Hey, Kiddo** by Jarrett J. Krosoczka
- **Queer, There, and Everywhere: 23 People Who Changed the World** by Sarah Prager
- **Girls Resist! : A Guide to Activism, Leadership, and Starting a Revolution**  
by KaeLyn Rich
- **Almost Adulthood: All You Need to Know to Get It Together (Sort Of)** by Arden Rose
- **The 57 Bus** by Dashka Slater
- **We Are Displaced: My Journey and Stories from Refugee Girls Around the World**  
by Malala Yousafzai