OCD/Anxiety

**Turtles all the way down**
by John Green
Aza Holmes, a high school student with obsessive-compulsive disorder, becomes focused on searching for a fugitive billionaire.

**Depression**

**Darius the Great is not okay**
by Adib Khorram
Clinically-depressed Darius Kellner, a high school sophomore, travels to Iran to meet his grandparents, but it is their next-door neighbor, Sohrab, who changes his life.

**Anxiety**

**A quiet kind of thunder**
by Sara Barnard
Steffi doesn't talk. Rhys can't hear. They understand each other perfectly. Love isn't always a lightning strike. Sometimes it's the rumbling roll of thunder ... Steffi has been a selective mute for most of her life - she's been silent for so long that she feels completely invisible. But Rhys, the new boy at school, sees her. He's deaf, and her knowledge of basic sign language means that she's assigned to look after him. To Rhys it doesn't matter that Steffi doesn't talk and, as they find ways to communicate, Steffi finds that she does have a voice, and that she's falling in love with the one person who makes her feel brave enough to use it.

**Fiction about Mental Health**

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<table>
<thead>
<tr>
<th><strong>Agoraphobia</strong></th>
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| **Highly illogical behavior**  
by John Corey Whaley  
An agoraphobic teen who has not left his house for three years is sought out by an ambitious girl determined to get into a top-tier psychology program by treating him and earning a scholarship, a plan that is challenged by their growing bond. |

<table>
<thead>
<tr>
<th><strong>Trauma/Depression</strong></th>
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| **Destroy all monsters**  
by Sam J Miller  
Ash struggles to remember details about a traumatic tree-house accident that is causing her best friend, Solomon, to retreat into a dark, nightmarish reality. |

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<thead>
<tr>
<th><strong>Schizophrenia</strong></th>
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| **Nick and June were here**  
by Shalanda Stanley  
Falling in love after years of best friendship, Nick and June struggle with the impact of her schizophrenia and the crimes he commits to support his aunt, circumstances that prompt them to run away so they can stay together. |

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| **The weight of our sky**  
by Hanna Alkaf  
A music-loving teen with OCD works desperately to find her way back to her mother during the 1969 race riots in Kuala Lumpur, Malaysia. |

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| **The place between breaths**  
by Na An  
Grace, sixteen, fears that she will succumb to the schizophrenia that took her mother away, while she and her father work for a genetics lab rushing to find a cure. |

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<tr>
<th><strong>Grief</strong></th>
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| **I am not your perfect Mexican daughter**  
by Erika L. Sánchez  
After the sister who delighted their parents by her faithful embrace of Mexican culture dies in a tragic accident, Julia discovers from mutual friends that her sister may not have been as perfect as believed. |

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| **Challenger deep**  
by Neal Shusterman  
As he struggles with schizophrenia, a teenage boy believes he is on a journey to reach the bottom of Challenger Deep, the deepest place on Earth. |

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<th><strong>Depression</strong></th>
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| **Girl in pieces**  
by Kathleen Glasgow  
As she struggles to recover and survive, seventeen-year-old homeless Charlotte “Charlie” Davis cuts herself to dull the pain of abandonment and abuse. |