Substance Abuse

**Tweak:** *(growing up on methamphetamines)*
by Nic Sheff
The author details his immersion in a world of hardcore drugs, revealing the mental and physical depths of addiction, and the violent relapse one summer in California that forever changed his life, leading him down the road to recovery.

Substance Abuse

**Crank**
by Ellen Hopkins
Kristina Snow is the perfect daughter, but she meets a boy who introduces her to drugs and becomes a very different person, struggling to control her life and her mind.

Alcoholism

**Last night I sang to the monster**
by Benjamin Alire Sáenz
Eighteen-year-old Zach does not remember how he came to be in a treatment center for alcoholics, but through therapy and caring friends, his amnesia fades and he learns to face his past while working toward a better future.

Substance Abuse

**Go ask Alice**
by Anonymous
A teenager whose life is dominated by her drug problems recounts in her diary her experiences from her indoctrination into the world of drugs to three weeks before her death. An ALA Best Book for Young Adults.

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**Substance Abuse**

**Heroine**
by Mindy McGinnis
Determined to see her softball team through a historic tournament run despite severe injuries, a socially awkward teen is prescribed opioid painkillers that initially help, before high pressure leads to an out-of-control addiction.

**Alcoholism**

**Saint anything**
by Sarah Dessen
When Sydney’s charismatic older brother, Peyton, is sent to jail, Sydney struggles to find her place at home and the world until she meets the Chathams, including gentle, protective Mac, who makes her feel seen for the first time.

**Substance Abuse**

**Out of reach**
by Carrie Arcos
Accompanied by her brother’s friend, Tyler, sixteen-year-old Rachel ventures through San Diego and nearby areas seeking her brother, eighteen-year-old Micah, a methamphetamine addict who ran away from home.

**Substance Abuse**

**We all fall down**
by Nic Sheff
The author writes candidly about stints at inpatient rehab facilities, devastating relapses, and hard-won realizations about what it means to be a young person living with addiction.

**Alcoholism**

**Forged by fire**
by Sharon M. Draper
Teenage Gerald, who has spent years protecting his fragile half-sister from their abusive father, faces the prospect of one final confrontation before the problem can be solved.

**Substance Abuse and Alcoholism**

**Recovery Road**
by Blake Nelson
While she is in a rehabilitation facility for drug and alcohol abuse, seventeen-year-old Maddie meets Stewart, who is also in treatment, and they begin a relationship, which they try to maintain after they both get out.

**The absolutely true diary of a part-time Indian**
by Sherman Alexie
Leaving the Spokane Indian Reservation to attend an all-white high school, Junior struggles to find his place in his new surroundings in order to escape his destiny back on the reservation.