School readiness books – these books support Physical Well–Being & Motor Development

C.H. **BOOTH** LIBRARY

Encourage motor development by engaging in age-appropriate physical activities with your child--walking, running, skipping, as well as fine motor skills, such as teaching them how to use scissors.

Gregory, the Terrible Eater
by Mitchell Sharmat
Illustrated by Jose Aruego and Ariane Dewey

Jack & the Hungry Giant
Eat Right with MyPlate
Loreen Leedy

POWER UP
Your Incredible, Spectacular, Supercharged Body
by Seth Fishman   illustrations by Isabel Greenberg

Eric Carle
From Head to Toe

ZOO ZEN
a yoga story for kids
Kristen Fischer
Susi Schaefer

MAX EXPLAINS EVERYTHING
SOCCER EXPERT
STACY McANULTY   illustrated by DEBORAH HOCKING

ELLA SARAH GETS DRESSED
Margaret Chodos-Irvine

Can YOU make a SCARY FACE?
by jan thomas