

“Tell me and I will forget, show me and I may remember; involve me and I will understand.”

— Confucius



Cramahe Township Public Library

Contact Us:

905-355-3722

[www.cramahelibrary.ca](http://www.cramahelibrary.ca)

[info@cramahelibrary.ca](mailto:info@cramahelibrary.ca)

[facebook.com/cramahelibrary](https://facebook.com/cramahelibrary)

Instagram - [cramahe.township.library](https://www.instagram.com/cramahe.township.library)

Digital Archives at [cramahelibrary.ca](http://cramahelibrary.ca)



## May Newsletter



## Happenings @The Library

**Storytime With Sarah on Zoom @ 11am**  
Thursdays - Contact us to register!  
Storytime Craft Kits available monthly.

**Craft Kits** - Craft Kits available May 15th  
Contact us to register and/or for more info!

**Ukulele Workshops @ 10am Tuesdays**  
w/ Zoom - Contact us to register!

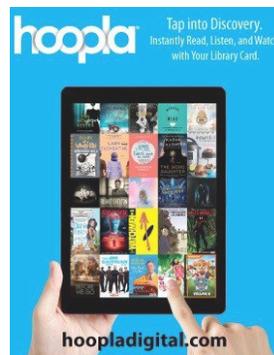
**Kids Coding 1-on-1 on Zoom** - Contact us to register!

## Online Resources!



Libby.

The one-tap reading app from your local library.



Dont Forget To Check Out Our Digital Archives!

### Colborne Library

Curbside Pick-up Hours

Monday, Tuesday, Thursday ~ 11:00am - 4:00pm

Wednesday, Friday ~ 11:00am - 3:00pm

Saturday ~ 11:00- 2:00pm

Sunday ~ Closed

The Library will be closed Monday the 24th for Victoria Day!

### Castleton Library

Wednesday ~ 11:00pm - 4:00pm



Anxiety CANADA

Anxiety Canada™ is a leader in developing free online, self-help, and evidence-based resources on anxiety. Developers of the award-winning free MindShift™ CBT app for iOS and Android devices, which helps Canadians manage anxiety using scientifically proven strategies, including an online directory (Finding Help), and online courses (My Anxiety Plans)

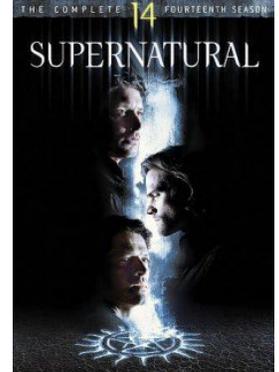
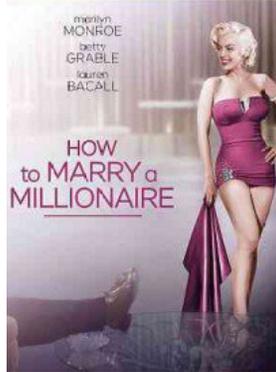
“Mental health is just as important as physical health.”  
- Katrina Correa



MindShift CBT

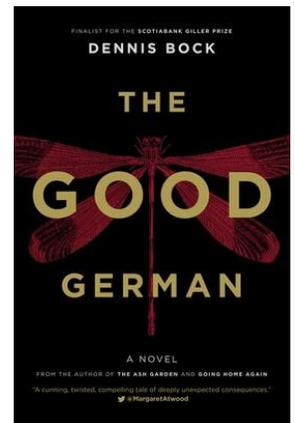
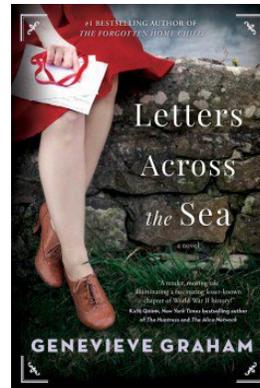
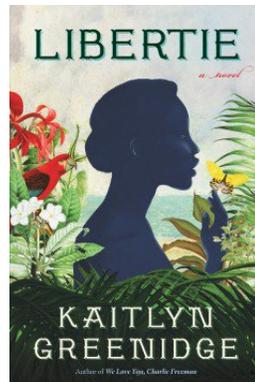
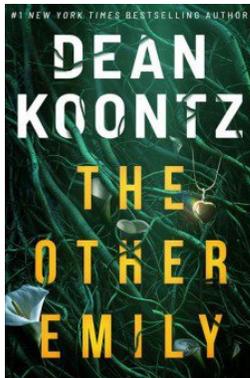
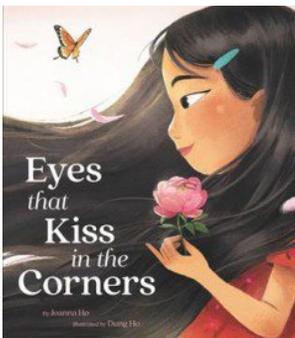
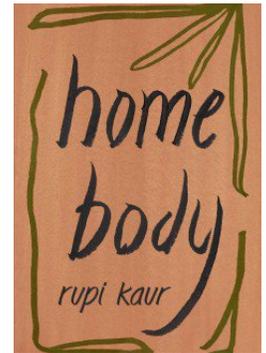
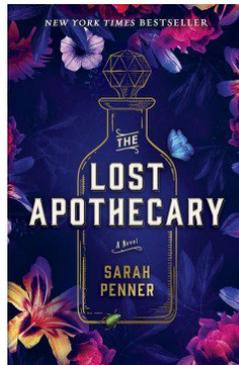
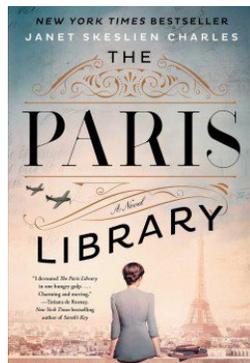
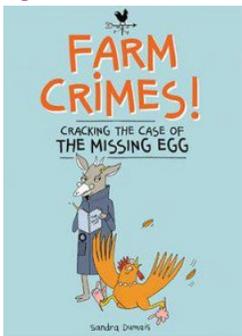


# New DVD's At The Library!



Returns are quarantined for 3 days to ensure the collection is sanitized safely and effectively!

# New Books At The Library!



# Asian Heritage Month

May is Asian Heritage Month in Canada, a time to reflect on and celebrate the contributions that Canadians of Asian origin continue to make, to the growth and prosperity of Canada.

Take care  
— OF —  
Each other

