

June 2023

New Arrivals at Banff Public Library!

Non-Fiction



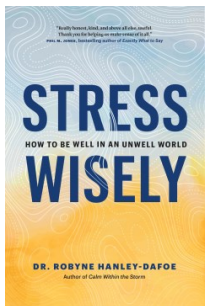
You've got this : seven steps to a life you love

by Michaela Dunbar



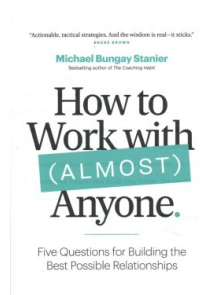
I Am More Than My Body : The Body Neutral Journey

by Bethany C. Meyers



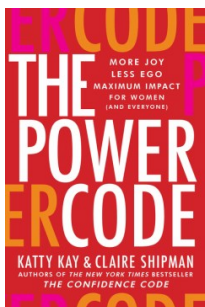
Stress wisely : how to be well in an unwell world

by Robyne Hanley-Dafoe



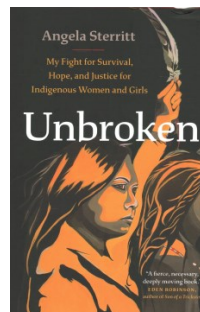
How to Work With Almost Anyone : Five Questions for Building the Best Possible Relationships

by Michael Bungay Stanier



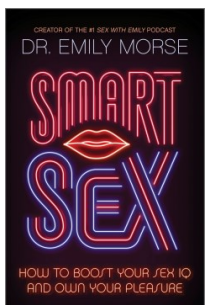
The power code : more joy, less ego, maximum impact for women (and everyone)

by Katty Kay



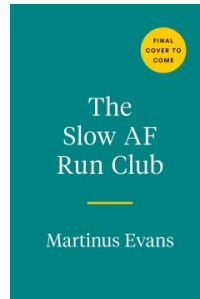
Unbroken : my fight for survival, hope, and justice for Indigenous women and girls

by Angela Sterritt



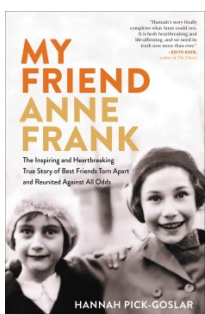
Smart Sex : How to Boost Your Sex IQ and Own Your Pleasure

by Emily Morse



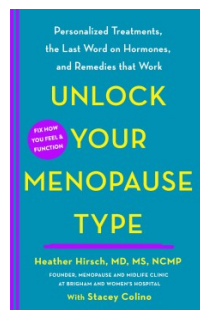
The slow AF run club : the ultimate guide for anyone who wants to run

by Martinus Evans



My friend Anne Frank : the inspiring and heartbreaking true story of best friends torn apart and reunited against all odds

by Hannah Pick-Goslar



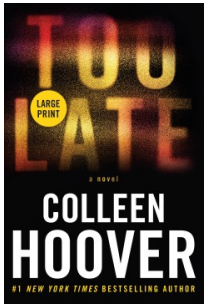
Unlock your menopause type : personalized treatments, the last word on hormones, and remedies that work

by Heather Hirsch

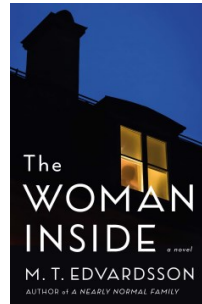
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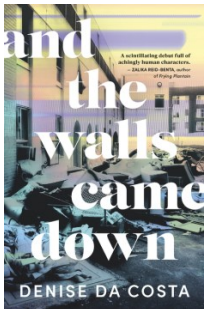
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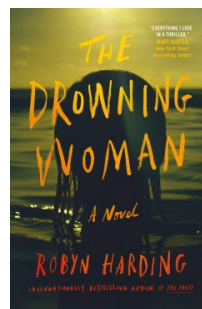
Too Late : Definitive Edition
by Colleen Hoover



The woman inside
by M. T. Edvardsson



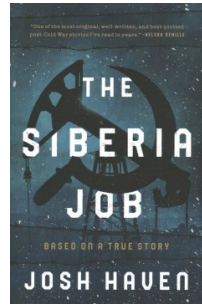
And the Walls Came Down
by Denise Da Costa



The Drowning Woman
by Robyn Harding



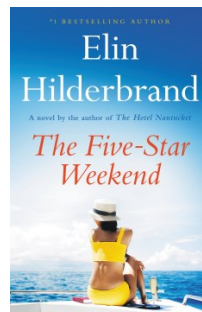
The spectacular : a novel
by Fiona Davis



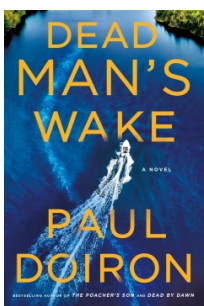
The Siberia job : based on a true story
by Josh Haven



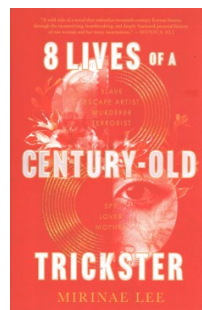
The first bright thing
by J. R. Dawson



The five-star weekend
by Elin Hilderbrand



Dead man's wake
by Paul Doiron



8 lives of a century old trickster : a novel
by Mirinae Lee