Healthy Relationships and Dating for Teens

Library Books & Materials

#MeToo and you: everything you need to know about consent, boundaries, and more
by Halley Bondy
Explore the nuances of emotions, comfort, and discomfort in sexually charged and emotionally abusive situations. Tween readers will learn about consent, harassment, abuse, and healthy boundaries in all types of relationships.

You do you: figuring out your body, dating, and sexuality
by Sarah Mirk
Presents an overview on the basics about sex, discussing sexuality, human reproduction and development, birth control, consent, and dating.

Dating and sex: a guide for the 21st century teen boy
by Andrew P. Smiler
Presents information about dating and sex for teenage boys, including such topics as puberty, asking someone out on a date, and sexual orientation.

Rookie on love: 45 voices on romance, friendship, & self-care
by Tavi Gevinson
Collects articles, interviews, poems, and stories on romance, friendship, and self-care from the online magazine.

In love and in danger: a teen's guide to breaking free of abusive relationships
by Barrie Levy
Citing sobering statistics about teen abuse by peers, a guide for young adults on how to manage abusive dating relationships offers insight into the causes and consequences of physical and psychological abuse as well as dating violence, in a reference that counsels both victims and abusers on how to find help.

Online & Community Resources

loveisrespect.org
Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.

youth.gov
Created by the Interagency Working Group on Youth Programs (IWGYP), which is composed of representatives from 22 federal agencies that support programs and services focusing on youth.

plannedparenthood.org
At Planned Parenthood our mission is to ensure all people have access to the care and resources they need to make informed decisions about their bodies, their lives, and their futures.

ACOG.org
Welcome to your new source for reliable, evidence-based health information. This website is powered by the American College of Obstetricians and Gynecologists (ACOG), the nation’s leading group of physicians dedicated to improving women’s health.