

Comfort Food | Teen Recommendations

Complete the Fall Into Reading Challenge by reading one book in a badge category of your choice: Comfort Food, Cozy Reads, *or* Fall Vibes. Earn your Comfort Food badge by reading a book featuring food, chefs, or cooking. Pick a book from our recommendations, or one of your own choosing.



With the Fire on High

by Elizabeth Acevedo
Navigating the challenges of finishing
high school while caring for a daughter,
talented cook Emoni Santiago struggles
with a lack of time and money that
complicate her dream of working in a
professional kitchen.



The Way You Make Me Feel

by Maurene Goo

Sentenced to a summer working on her father's food truck after taking a joke too far, Korean-American Clara bonds with a straitlaced co-worker and a cute boy on another food truck while reevaluating her relationship with her estranged mother.



Somewhere Between Bitter and Sweet

by Laekan Zea Kemp

An ambitious girl who fears disappointing her traditional Mexican-American parents finds her world upended by a long-held secret before she bonds with a boy who would protect his immigration status and newfound family.



A Phở Love Story

by Loan Le

Avoiding each other most of their lives because of a mysterious rivalry, two Vietnamese-American teens from competing pho restaurants fall in love while uncovering the reason behind their families' generations-old feud.



A Cuban Girl's Guide to Tea and Tomorrow

by Laura Taylor Namey Seventeen-year-old Lila Reyes, furious when her parents send her to the English countryside to recover from grief and heartbreak, unexpectedly falls in love with a teashop clerk--and England, itself.



What's Eating Jackie Oh?

by Patricia Park

A Korean American teen tries to balance her dream to become a chef with the cultural expectations of her family when she enters the competitive world of a TV cooking show.



Rubi Ramos's Recipe for Success

by Jessica Parra

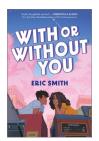
Waitlisted at her college of choice, Rubi Ramos competes in the First Annual Bake Off while dealing with her crush on her cute surfer-slash-math-tutor and finds her life going in a different direction than she imagined as she stirs things up.



If You Can't Take the Heat

by Michael Ruhlman

With his summer plans on hold after breaking his leg, high school football star Theo Claverback works as a prep cook for an upscale French restaurant where he finds new purpose and romance—and what happens when you get into hot water with the wrong people.



With or Without You

by Eric Smith

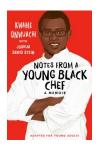
Known for their very public food truck rivalry, Jordan and Cindy put on an act to drive up business, but when their fake feud lands them a reality TV show pilot, they are trapped between pursuing their dreams or their love.



A Taste for Love

by Jennifer Yen

Resisting her professional baker mother's traditional beliefs about relationships, high school senior Liza resolves to prove herself during an annual junior baking competition only to discover that all of the other contestants are Asian-American men her mother picked for her to date.



Notes from a Young Black Chef: Adapted for Young Adults

by Kwame Onwuachi Adapted for younger readers, an uplifting memoir by the James Beard Awardwinning executive chef at Kith/Kin in Washington, D.C. includes coverage of his Bronx childhood, his training in

acclaimed restaurants and the racial barriers that challenged his career.

Graphic Novels



Cooking with Monsters : The Beginner's Guide to Culinary Combat

by Jordan Alsaqa

Hana Ozawa is the newest face at the Gourmand Academy of Culinary Combat, a school that will teach her how to fight monsters AND how to turn them into delicious meals.



Noodles, Rice, and Everything Spice : A Thai Comic Book Cookbook

by Christina De Witte Showcasing real Thai food from the country's distinct culinary regions, an allfemale, all-Thai team presents easy-tofollow comic book panes for 50 recipes

and stories that share the secrets to making these dynamic, flavorful Thai dishes at home.



Relish: My Life in the Kitchen

by Lucy Knisley

A graphically illustrated, recipecomplemented memoir by the indie cartoonist author of French Milk describes her food-enriched youth as the daughter of a chef and a gourmet, key memories that were marked by special meals and the ways in which cooking has

imparted valuable life lessons.



Supper Club

by Jackie Morrow

Nora, Lili, and Iris are seniors at Seaside High. Their differing schedules and mounting extracurriculars inspire the girls to form a secret club where they can hang without sacrificing their future aspirations. Enter Supper Club, the delicious solution to their problems.

When life starts to crumble like a cookie under the girls' feet, they rely on comfort food to hold it together. Can Supper Club endure life's most challenging recipes without burning to a crisp?

