

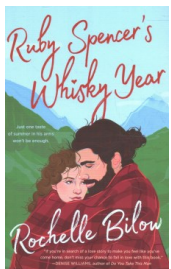
# FALL INTO READING

Reading Challenge for Teens & Adults

November 1-30

## Comfort Food | Adult Recommendations

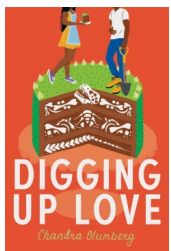
Complete the Fall Into Reading Challenge by reading one book in a badge category of your choice: Comfort Food, Cozy Reads, or Fall Vibes. Earn your Comfort Food badge by reading a book featuring food, chefs, or cooking. Pick a book from our recommendations, or one of your own choosing.



### Ruby Spencer's Whisky Year

by Rochelle Bilow

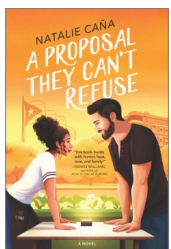
Spending one year living in a tiny town in the Scottish Highlands to write a cookbook, Ruby Spencer starts to see a future that goes beyond her year of adventure when she is embraced by the tight-knit community, including Brochan, the ruggedly handsome local handyman.



### Digging up Love

by Chandra Blumberg

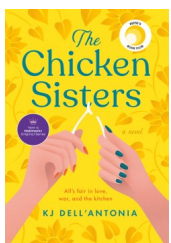
A young woman working in her grandfather's restaurant in rural Illinois who dreams of opening up a cookie shop in Chicago falls for a big-city academic paleontologist when a rare dinosaur bone turns up in her grandparents' back yard.



### A Proposal They Can't Refuse

by Natalie Caña

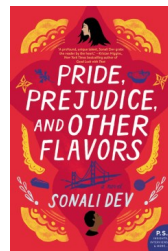
Kamilah, a Puerto Rican chef and Liam, an Irish American whiskey distiller are blackmailed by their grandfathers, best friends since boyhood, into getting married or risk losing the building that houses both their businesses.



### The Chicken Sisters

by K. J. Dell'Antonia

A more than three-decade feud between two Kansas families implodes when a daughter who left one of the families to marry into the other brings the story of their fried-chicken competition to the attention of a popular reality show.



### Pride, Prejudice, and Other Flavors

by Sonali Dev

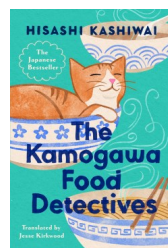
A neurosurgeon from a politically ambitious immigrant family clashes with a talented dessert chef who would prove he is more than his pedigree.



### Mrs. Quinn's Rise to Fame

by Olivia Ford

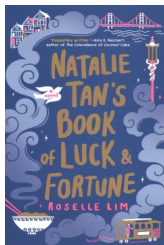
A contestant on a British baking show, Jenny, who, after 59 years of marriage, has decided to do something for herself, delights in her new-found independence, but finds the show unearthing memories buried decades ago—and a secret that could be a recipe for disaster.



### The Kamogawa Food Detectives

by Hisashi Kashiwai

Down a quiet Kyoto backstreet, "food detectives" Koishi Kamogawa and her father Nagare, the proprietors of the Kamogawa Diner, through ingenious investigations, recreate dishes from a person's treasured memories, which hold the keys to their forgotten past and future happiness.



## Natalie Tan's Book of Luck & Fortune

by Roselle Lim

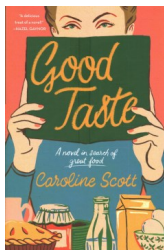
Inheriting her grandmother's restaurant in a crumbling San Francisco Chinatown neighborhood, Natalie Tan is advised by the local seer to prepare three recipes from her grandmother's cookbook to help their struggling community.



## The Kitchen Front

by Jennifer Ryan

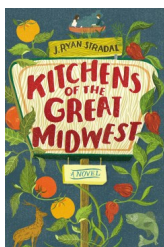
An indebted young widow, a freedom-seeking kitchen maid, the wife of a wealthy but unkind man and a trained chef navigating sexism compete for a once-in-a-lifetime spot hosting a BBC cooking program during World War II.



## Good Taste

by Caroline Scott

A popular author in 1932 is commissioned to write a history of food in England to lift the spirits of the country during the Great Depression and finds herself interviewing housewives for hidden culinary gems.

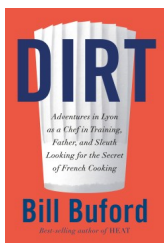


## Kitchens of the Great Midwest

by J. Ryan Stradal

Raised with a sophisticated palate by her single father, Eva learns the culturally rich stories behind a series of Midwestern dishes while becoming the star chef at a legendary restaurant.

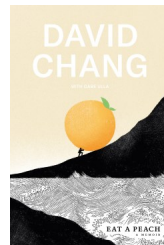
## Non-Fiction



## Dirt

by Bill Buford

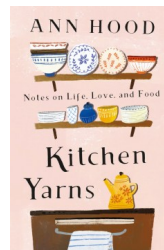
The author presents an uproariously self-deprecating account of his adventures in the world of French haute cuisine, describing his five-year culinary odyssey spent studying the methods of leading chefs, schools and restaurants.



## Eat a Peach

by David Chang

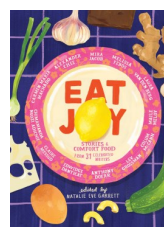
The chef behind Momofuku and star of Netflix's Ugly Delicious gets uncomfortably real in his debut memoir.



## Kitchen Yarns

by Ann Hood

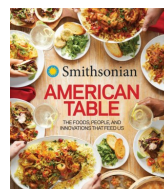
A collection of personal essays and recipes by the best-selling author of The Knitting Circle reflects on the culinary experiences that shaped her Italian-American childhood and adult family life.



## Eat Joy

by Natalie Eve Garrett

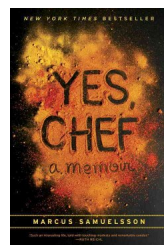
A collection of illustrated, personal essays about comfort foods from a number of celebrated literary writers reveal the way these dishes helped them cope with dark times and pain.



## American Table

by Lisa Kingsley

An eye-opening look at what and how we've fed ourselves through the lens of location, immigration, ingenuity and culture, with an emphasis on the people, events and movements that have been left out of the dominant story.



## Yes, Chef

by Marcus Samuelsson

The James Beard Award-winning proprietor of Harlem's Red Rooster traces his Ethiopian birth, upbringing by an adoptive family in Sweden and rise to a famous New York chef, sharing personal insights into his challenges as a black man in a deeply prejudiced industry.



## Taste Makers

by Mayukh Sen

America's modern culinary history told through the lives of seven pathbreaking female chefs and food writers, all immigrants, who left an indelible mark on the way Americans eat today.



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