

# Money, Finances & Life Skills



What's most important?  
What is your credit score?  
What can you afford?  
What do you need?  
What do you want?

## Financial Information

### EBSCOhost

EBSCOhost offers you access to:

- Business Source Elite: offers over 1,000 scholarly business journals, 500 of which are peer-reviewed business publications. Find company profiles of the world's largest 10,000 companies.
- Regional Business News: offers articles from more than 80 business sources in Canada and the US.

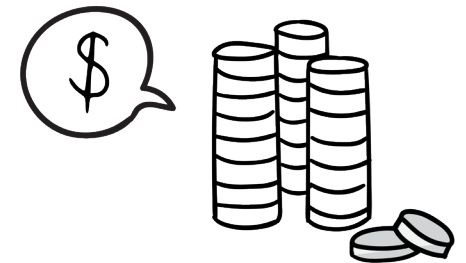
### PressReader

Offering access to over 5,000 publications, you can select the Business & Finance publications. With nearly 200 options, you can look for one in a certain language or from a certain country.

### RBdigital Magazines

Find your 6 magazines by selecting the Business & Finance from the genre menu on the top right.

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**Peace Library System**

8301 - 110 Street

Grande Prairie, Alberta T8W 6T2 | 780-538-4656

[www.peacelibrarysystem.ab.ca](http://www.peacelibrarysystem.ab.ca)

## My Money Coach



Learn early how to save money and make smart

choices when it comes to money. My Money Coach is a free website for Canadians that offers debt help, information for teachers, calculators, webinars, blogs and more.

For beginners:

- How to budget
- Education Savings
- How to save
- What to save for

For those who need help:

- Create a budget
- Debt Management Programs information
- Non-Profit Credit Counselling across the country
- Consolidated Debts
- Ways to Get out
- How to tell when you're in over your head

Look at the different aspects of finances like your saving, spending, credit and how you can make all of them work for you instead of against you.

[www.mymoneycoach.ca](http://www.mymoneycoach.ca)

## Canadian Financial Literacy Database



The Canadian Financial Literacy Database is a federal website run by the Financial Consumer Agency of Canada.

The site offers information on budgeting, fraud prevention, mortgages and loans, credit, debt, taxes and more.

Start by taking the literacy self-assessment quiz. The quiz will take about 10-20 minutes and give you suggestions for where to go or who to contact in areas where you need to focus. Sometimes they are simple YouTube videos while other times there are specific companies for you to contact in your geographic area.

You can search for information about a specific area of finances or look for information for certain people (like students or parents).

You can search for specific types of information from the database: events, funding, and research & reports.

[www.fcac-acfc.gc.ca](http://www.fcac-acfc.gc.ca)

## Money Mentors



Money Mentors offers quizzes, educational videos, letter templates, guides to credit, how to organize your finance and more.

There's online tools, money tips app, financial calculators and more. Try starting with these

For beginners:

- Spending Plan Forms
- Educational Videos
- Organizing Your Finances
- Money Personality Quiz

For those who need help:

- Spending Plan Forms
- Debt Management Quiz
- Educational Videos
- Sample Letters to Creditors
- Questions for Credit Counselling Agency
- Organize Your Finances
- Money Personality Quiz

For those rebuilding:

- Spending Plan Forms
- Educational Videos
- Organizing Your Finances
- Money Personality Quiz
- Credit Comeback Workbook

<https://moneymentors.ca/resources/>